Quantitative detection of C-reactive protein using phosphocholine-labelled enzyme or microspheres

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Abstract

C-reactive protein (CRP) is a positive, acute-phase protein. Plasma levels rise dramatically in response to tissue injury or inflammation and fall rapidly after recovery or treatment. Antibody-based human CRP test systems do not readily detect CRP from other animals due to the species specificity of antibodies directed against human CRP. Thus, generic systems for CRP detection, based solely on the interaction between CRP and phosphocholine (PC), have been developed. PC–bovine serum albumin (PC–BSA) conjugates were produced and either labeled with horseradish peroxidase to facilitate CRP detection in a CRP enzyme-linked sorbent assay (ELSA) or coupled to carboxy-modified microspheres to facilitate the nonenzymatic, turbidimetric detection of CRP. The CRP-ELSA is a competitive assay, where the total assay time is 45 min, the assay sensitivity is 1.06 mg/L CRP, and the dynamic range of the assay is 0–500 mg/L. When PC–BSA conjugate is covalently coupled to carboxylated microspheres, agglutination occurs in the presence of CRP, the extent of which depends on the quantity of CRP present in the sample. Total assay time is 5 min with a dynamic range of 25–500 mg/L. Both assay formats are capable of accurately detecting human CRP and the CRP-ELSA can detect canine CRP as a disease state indicator.

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C-reactive protein (CRP) is a member of a highly conserved family of proteins, the pentraxins. It is composed of five identical subunits bound noncovalently to each other in a cyclic pentameric structure [1]. In humans, CRP is a positive acute-phase protein and plasma levels of CRP elevate dramatically in response to tissue injury, infection, or inflammation from less than one to several hundred milligrams per liter [2]. Plasma CRP levels fall just as rapidly after recovery or treatment and it is now known that the half-life of plasma CRP is approximately 19 h [3]. Recent studies have shown that measurement of CRP levels within the normal range has significance in the risk assessment of cardiovascular disease and circulatory disorders such as peripheral vascular disease [4].

Conventional assay systems for the detection of CRP, such as immunonephelometry, immunoturbidimetry, immunoluminometry, and enzyme-linked immunosorbent assay (ELISA), all depend upon the availability of either polyclonal or monoclonal antibodies [5]. In practice, the reproducibility and cost of antibody supply are significant rate-limiting factors with respect to the reproducible and reliable manufacture of these CRP detection systems. Polyclonal antibody production is unsatisfactory for the large-scale production of antibody reagent due to the variability in immune response in different animals which can result in the production of antibody preparations of variable specificity and sensi-
tivity of detection [6,7]. Furthermore, species-specific CRP test systems do not readily detect CRP from unrelated species due to the absence of common antigenic sites [8]. This factor is of significant concern from the viewpoint of animal welfare, whereby a generic CRP detection system for veterinary specimens would greatly facilitate improvement both in the diagnosis of animal disease and in animal husbandry methods. The requirement therefore exists for a nonimmunological test system for the multispecies detection of CRP to overcome the aforementioned limitations.

Calcium-mediated CRP binding to immobilized phosphocholine (PC) in association with enzyme-labeled antibody detection of captured CRP, has been proposed as an alternative CRP detection methodology [9,10]. Both of these assays involve coating microwells with PC-conjugated bovine serum albumin (PC–BSA) followed by the addition of CRP. The quantity of CRP is then immunometrically determined by indirect ELISA using goat IgG [anti-CRP] followed by a commercial rabbit anti-species IgG–alkaline phosphate conjugate [9] or rabbit IgG [anti-CRP] followed by the addition of enzyme-labeled donkey anti-rabbit IgG [11]. The precision of the latter assay was found to be 12.3 ± 5.3% CV (percentage coefficient of variation) over a range of CRP concentrations, while the sensitivity of detection was observed to be 2.5 mg/L CRP. More recently, another test system exploiting CRP/PC interaction has been described [12]: however, this test requires extensive signal amplification techniques such as fluorometric or radioactive detection of CRP/PC complex and antibody-mediated immobilization of the target CRP analyte as in the aforementioned methods.

In the present study we undertook the development of (i) an entirely nonimmunological assay (enzyme-linked sorbent assay (ELSA)) for CRP detection based solely on the calcium-dependent binding affinity of CRP for phosphocholine and (ii) a turbidimetric assay for the detection of CRP based on latex microsphere-labeled PC–BSA, thereby eliminating the requirement for enzymatic detection and multiple wash steps.

Materials and methods

Materials

All materials were obtained from Sigma–Aldrich Chemical Company (Dorset, UK) unless otherwise indicated.

Conjugation of phosphocholine to bovine serum albumin

All manipulations were carried out at room temperature and were performed essentially as previously described [10]. Briefly, cytidine 5'-diphosphocholine (CDPC) was subjected to periodate oxidation and added to 5 ml BSA (28 mg/ml in 100 mM sodium bicarbonate) (n = 3) at (A) 70-, (B) 7-, and (C) 0.7-fold molar excess. Stable Schiff bond formation occurred by subsequent addition of 5 ml 500 mM sodium borohydride to each of preparations A–C. Following PC–BSA conjugation, the reaction mixture was dialyzed exhaustively at 4°C in either 50 mM potassium phosphate, 1 mM EDTA, 150 mM NaCl, pH 7.8, or 100 mM sodium borate, pH 8.5, and then stored at −20°C until used for conjugation to horseradish peroxidase (HRP) or coupling to microspheres.

Conjugation of HRP and PC–BSA

PC–BSA preparations (A–C) were each modified at 1 mg/ml with 4-(maleimidomethyl)cyclohexanecarbonyl chloride (N-hydroxysuccinimide ester (SMCC)) by adding 7.5 µl 25 mM SMCC in dimethylformamide per 1 ml PC–BSA solution and incubating at room temperature for 30 min. SMCC-activated PC–BSA (PC–BSA–SMCC) preparations were dialyzed against 50 mM potassium phosphate, 150 mM sodium chloride, pH 6.8. S-acetyl thiglycolic acid N-hydroxy-succinimide (SATA) was used to activate HRP as previously described [13] and deblocked by the addition of 500 mM hydroxylamine (1/10 volume of SATA–HRP solution). PC–BSA–SMCC preparations were added to three separate tubes containing deblocked HRP in the ratio of 1 mg PC–BSA–SMCC per 4.6 mg SATA–HRP, further incubated for 5 h at room temperature, and dialyzed against phosphate-buffered saline. PC–BSA–HRP conjugate formation was confirmed by functionality testing.

CRP-ELSA assay format

Human CRP standards (range 0–10 mg/L) were prepared by diluting a stock solution of CRP (24 mg/ml) in 50 mM 2-(N-morpholino)ethanesulfonic acid (MES), 25 mM sodium chloride, 10 mM calcium chloride, and 0.1% (v/v) Tween 20, pH 6.0. PC–BSA–HRP conjugate (1/8000 dilution) and specimens for analysis were also diluted in this buffer. Next, 50 µl of standards or specimens and 50 µl of the conjugate were added into microwells previously coated with human CRP (100 ng/well human CRP) (Fig. 1A). After incubation at room temperature for 30 min, the microwells are washed four times with 50 mM Tris–HCl, 25 mM sodium chloride, 10 mM calcium chloride, 0.1% (v/v) Tween 20, pH 7.4. Tetramethylbenzidine (2.08 mM; 100 µl) was added per well followed by a 15-min incubation (Fig. 1A). The reaction was stopped by adding 100 µl 1 N H2SO4 and the absorbance was read at 450/630 nm following by calculation of specimen [CRP] from the standard curve. This CRP-ELSA was validated with regard to assay parameters (time, temperature, buffer conditions), assay
Sensitivity and reproducibility, linearity of dilution, and multispecies CRP detection.

**Covalent coupling of PC–BSA to carboxy-modified microparticles**

Carboxy-modified microspheres (0.21 μM diameter; 10% (w/v); 100 μl), obtained from Bangs Laboratories (Fishers, IN), were activated following addition of 100 μl 500 mM MES, pH 6.1, 500 μl deionized water, 230 μl sulfo N-hydroxysulfosuccinamide (50 mg/ml), and 24 μl 1-ethyl-3-(3-dimethylaminopropyl)carbodiimide (10 mg/ml) for 30 min. Following centrifugation (10,000 g for 20 min), microspheres were twice resuspended by sonication in 1 ml 50 mM MES, pH 6.1. Finally, the microspheres were resuspended by sonication in 1 ml of PC–BSA protein stock (1 mg/ml) in 100 mM sodium borate, pH 8.5, and mixed at room temperature for 1 h. Then, 250 mM ethanolamine hydrochloride in 100 mM sodium borate, pH 8.5 (50 μl), was added followed by centrifugation as above and microspheres resuspended in 1 ml of 10 mg/ml BSA in 100 mM sodium borate, pH 8.5. Finally, the microspheres (1% (w/v) suspension) were washed twice, resuspended in 1 ml of 50 mM Tris–HCl, 25 mM sodium chloride, 10 mM calcium chloride, pH 7.4, with sonication, and stored at 4°C until required for use.

**Turbidimetric assay format**

Prior to specimen addition, PC–BSA-coated microspheres were diluted to 0.03% (w/v) in microsphere diluent comprising 0.4% (w/v) PEG 6000 in 100 mM glycine, 90 mM sodium chloride, 10 mM calcium chloride, 0.04% (w/v) sodium azide, pH 7.6, to give “working reagent.” Working reagent, standards, and specimens were loaded onto a Cobos Mira autoanalyzer (Roche Diagnostics, Rotkreuz, Switzerland) programed to dispense either standards or specimens (10 μl each) along with working reagent (490 μl) into reaction cuvettes and brought to 37°C (Fig. 1B). The reaction was initiated by addition of the working reagent and allowed to proceed at 37°C for 5 min. The absorbance (550 nm) of all standards and specimens was determined at T = 0 and at T = 5 min after which time it was observed that PC–CRP binding was complete (data not shown). Upon completion of the analysis, the change in absorbance (AA) value for each standard and specimen was computed and specimen CRP concentrations were calculated from a plot of AA550nm (standards) versus [CRP] (mg/L). The turbidimetric-CRP (t-CRP) assay was validated with regard to assay parameters (time, temperature, buffer conditions), National Institute for Biological Standards and Control (Hertfordshire, UK) human C-reactive protein (1st International Standard; Code 85/506) detection, assay sensitivity, and linearity of dilution.

**Results**

**Preparation of PC–BSA–HRP conjugates**

Following modification of BSA at (A) 70-, (B) 7-, and (C) 0.7-fold molar excess of CDPC, preparations were further activated by SMCC prior to HRP conjugation. Analysis of PC–BSA confirmed the presence of 0.7, 3.7, and 3.2 maleimide groups for preparations A, B, and C, respectively. Subsequent to HRP conjugation, no evidence of high-molecular-weight PC–BSA–HRP conjugate formation was observed by either SDS–PAGE or Western blot analysis using IgG (anti-bovine serum albumin) (data not shown). Therefore, in the absence of conjugate visualization, extensive functional testing was undertaken to confirm conjugate formation.

The successful formation of functional PC–BSA–HRP conjugates was confirmed using the ELSA assay format except that microwells were precoated with either CRP (1 or 10 μg/ml) or BSA (1 μg/ml). In the absence of purified CRP, the PC–BSA–HRP conjugate bound to the CRP-coated microwells, however, when CRP was present in the specimen, even at concentrations as low as 0.1 mg/L, the absorbance decreased with increasing concentrations of CRP (Fig. 2A). The optimal PC–BSA–HRP conjugate (CM-3A), formed following activation at a 70-fold molar excess of CDPC,
did not exhibit any affinity for the BSA-coated micro-wells, thereby confirming the specificity of the conjugate for CRP (Fig. 2A). Further evidence in support of the specific detection of CRP by conjugate CM-3A is shown in Fig. 2B. Here, standards of either BSA or CRP were prepared (0–50 mg/L) and added to CRP-coated plates (1 µg/ml) using the CM-3A conjugate for the detection of CRP. The presence of BSA did not cause any significant decrease in absorbance, thus confirming that the CM-3A conjugate could determine the presence of specimen CRP, while the presence of non-specific protein (BSA) did not inhibit the binding of the CM-3A conjugate to the immobilized CRP. All subsequent micro-well assays were carried out using conjugate CM-3A.

CRP-ELSA

The dynamic range of the assay was 0–10 mg/L human CRP, which represents 0–500 mg/L CRP in specimens diluted 1/50 and subsequently tested in the CRP-ELSA. Fig. 3 illustrates a typical standard curve for the CRP-ELSA from which either human serum or plasma CRP levels can be determined.

ELSA sensitivity of detection was 1.06 mg/L CRP, as calculated from the mean ± 2 standard deviations when individual human plasma specimens, deficient in CRP, were assayed (n = 20), and is within normal CRP levels in human plasma (0–6 mg/L). CRP-ELSA reproducibility was 5.5% CV at 6.25 mg/L (n = 12), 7.6% CV at 50 mg/L (n = 12), and 14.0% CV at 500 mg/L (n = 12). Following determination of CRP levels in human serum specimens (n = 28) assayed at dilutions of 1/50 and 1/300, results were plotted against the CRP concentrations (range: 14.3–279 mg/L) determined for identical specimens by immunoturbidimetric (IT) assay (Dade Behring, Newark, DE). The correlation coefficients calculated by comparing both data sets were 0.93 for specimens diluted at 1/50 and 0.94 for samples diluted at 1/300 in 50 mM MES, 10 mM calcium chloride, 25 mM sodium chloride, 0.1% (v/v) Tween 20, pH 6.0 (Fig. 4). These human plasma specimens were also assayed in identical buffers containing either 50 mM Tris–HCl, pH 7.4, or 50 mM sodium phosphate, pH 5.0, instead of 50 mM MES pH 6.0. Although the alteration in diluent pH had minimal effect on standard CRP detection, specimen correlation coefficients against IT CRP data were 0.79 and 0.85 in 50 mM Tris–HCl, pH 7.4, and 50 mM sodium phosphate, pH 5.0, respectively, indicating that optimal specimen CRP detection occurs at pH 6.0.

Increasing the reaction temperature to 37°C from 20°C did not cause a significant improvement in assay sensitivity (data not shown). Furthermore, while 15 min incubation time did not facilitate optimal binding of
CRP either to the PC–BSA–HRP conjugate or to the CRP-coated microwells, an incubation time of 30 min was sufficient as there was no significant increase in CRP binding between 30 and 60 min incubation (data not shown). Calcium ion presence was found to be essential for PC/CRP binding and it was found that 10 mM calcium chloride facilitated optimal interaction. Under these CRP-ELSA conditions, the PC/CRP interaction was decreased by approximately 20 to 35%, at CRP concentrations less than 1 mg/L, if the assay diluent was modified to contain 150 or 300 mM sodium chloride, thus indicating that positive ions may interfere with the calcium-mediated interaction between CRP and PC.

Detection of CRP in canine sera confirms that the CRP-ELSA is compatible with specimens of nonhuman origin. Following CRP-ELSA analysis, using purified human CRP as standard, alterations in canine serum CRP levels were detectable postsurgery whereby both elevation and diminution in canine CRP levels were measurable. Specifically, a 10-fold increase in serum CRP was detectable within 24 h of cruciate ligament surgery while reduction in CRP level to 33.6 mg/L is also clearly measurable (Fig. 5A). Confirmation that CRP of nonhuman (canine) origin is detectable is seen also in Fig. 5B where a correlation coefficient of 0.89 is observed following comparison of specimen CRP concentrations from 10 to 200 mg/L (n = 14) determined by CRP-ELSA (specimen dilution of 1/10) and an IgG [anti-canine CRP]-HRP enzyme immunoassay (Canine CRP ELISA (Tridelta, Wicklow, Ireland); Product code: TP803). Significantly, a near-identical correlation coefficient of 0.88 is observed at specimen dilution of 1/50, confirming linearity of dilution for canine CRP detection.

**Turbidimetric detection of C-reactive protein**

Evaluation of the PC–BSA coupling concentration between 0.4 and 1.6 mg/ml showed that 1 mg PC–BSA per 10 mg EDAC-activated microspheres gave optimal assay performance (data not shown). A typical t-CRP calibration curve is shown in Fig. 6. The t-CRP assay exhibits an assay range of 0.5–10 mg/L, which equates to a specimen CRP concentration range of 25–500 mg/L, assuming a 1/50 specimen dilution. t-CRP assay reproducibility is 6.3% CV at 250 mg/L (n = 24), 8.4% CV at 100 mg/L (n = 24), and 15.6% at 50 mg/L (n = 24). A significant correlation (Spearman correlation coefficient = 0.78; p < 0.0001) was observed following the evaluation of CRP levels (range: 25–361.9 mg/L) in human plasma specimens (n = 28) by the t-CRP assay and a commercial IT assay (Tina-quant CRP, Roche)
Diagnosys, Mannheim, Germany). When known amounts of purified human CRP (100, 200, 400 μg) were added to CRP-deficient human plasma from a single individual, a mean recovery of 99.7% was observed (range: 90.7–112%), whereby 96.5, 181.5, and 449 mg/L CRP, respectively, was measurable. Furthermore, following evaluation of NIBSC human CRP (1st International Standard, 50 mg/L), a mean (± standard deviation) recovery of 52 ± 2.19 mg/L (104%; n = 6) was observed, indicating both t-CRP assay compatibility with serum CRP and calibration accuracy.

Discussion

Here we describe two nonimmunological test systems for the quantitative detection of C-reactive protein. While both systems are dependent upon the calcium-mediated interaction between PC and CRP, interaction detection is by enzyme- or microsphere-labeled PC followed by spectrophotometric or turbidimetric assessment of PC/CRP binding, respectively.

Cytidine 5’-diphosphocholine was initially activated by periodate oxidation and conjugated to bovine serum albumin by Schiff base formation [10] to produce phosphocholinated-bovine serum albumin for subsequent enzyme (HRP) or microsphere (carboxy-modified) attachment. Interestingly, BSA activated in this manner could not be detected by SDS–PAGE, Western blot analysis using IgG [anti-BSA], or silver staining either because of reduced affinity for Coomassie brilliant blue R dye or because of epitope disruption. Nonetheless, following introduction of maleimide groups (0.7–3.7 per PC–BSA molecule), modified PC–BSA was capable of conjugation to SATA-modified HRP by thioether bond formation to form PC–BSA–HRP conjugates. Although these conjugates were capable of detecting bound CRP following attachment to immobilized PC–BSA (data not shown), the low sensitivity of detection (100 mg/L) was insufficient to facilitate robust assay development. For this reason, the development of a competitive CRP-enzyme-linked sorbent assay was undertaken whereby immobilized and free specimen/standard CRP competed for solution-phase PC–BSA–HRP conjugate.

CRP-ELSA sensitivity of detection (1.06 mg/L) compares favorably with standard automated methods for CRP quantification which generally exhibit detection limits of 3–8 mg/L [5]. It should be noted that the observed correlation coefficient (r = 0.94) between human CRP levels simultaneously measured by CRP-ELSA and immunoturbidimetry is superior to those previously achieved (r = 0.88) for the comparative study of canine CRP detection by two immunometric methods, namely ELISA and canine CRP-specific immunoturbidimetry [14]. Furthermore, in the present study, the determination of canine CRP levels by CRP-ELSA correlates closely (r = 0.89) with those obtained by canine CRP-specific ELISA. The CRP-ELSA dynamic range of 0–500 mg/L, along with the observed multispecies CRP detection capability, thus represents an improvement over these conventional CRP assay formats.

To our knowledge, the turbidimetric-CRP assay described here is the first single-step, nonimmunological CRP test system. Specimen CRP and microsphere–PC interaction is complete within 5 min and no further change in absorbance is observed even when the reaction is allowed to proceed for up to 10 min. The t-CRP assay exhibits a broad dynamic range of 25–500 mg/L CRP and assay performance parameters—with regard to recovery and linearity of dilution—comparable with all immunoturbidimetric assay systems, and it requires no specimen pretreatment. Although the t-CRP limit of detection (25 mg/L) is above the upper limit of normal for human plasma CRP (0–6 mg/L), it is comparable with the detection limit of rapid immunological methods for CRP detection. For instance, a detection limit of 12 mg/L CRP has been described for a card-based sandwich immunoassay utilizing gold-conjugated IgG [anti-CRP] [15]. Assessment of PC–BSA–microsphere stability indicates reagent stability for at least 1 month following storage at 4 and 37 °C and it is likely that the 4 °C stability will extend based on the 37 °C stability data. The t-CRP assay can also be carried out using laboratory-based spectrophotometers (data not shown). To date, no plasma components which interfere with CRP-ELSA or t-CRP performance have been detected; however, further studies to confirm this observation will be required.

In summary, two nonimmunological assay systems for the detection of CRP based solely upon the
calcium-dependent interaction between CRP and phosphocholine (International Patent Application No. PCT/IE 01/124) have been developed. The microwell-based assay (CRP-ELSA) exhibits a detection limit of 1.06 mg/L, can be completed in 60 min and facilitates multispecies CRP detection. The turbidimetric (t-CRP) assay utilizes PC–BSA-coated microspheres, the total assay time is 5 min per specimen, and the assay is automatable and facilitates human CRP detection between 25 and 500 mg/L.

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